Julieta B. Criollo DNM, CHT

Board Certified Doctor of Natural Medicine Clinical Herbal Therapist 15564 89 Ave. Surrey, BC, V3R 0R3 Canada julietacriollo@yahoo.com

Wellness Trading Post Healing Self Holistic Clinic

Holistic Natural Healthcare www.wellnesstradingpost.com www.healingself.ca 604–760–6425

Interest

I am a Clinical Herbal Therapist, and a board certified Doctor of Natural Medicine, and I have been practicing holistic natural medicine since 2001. In my practice, I believe in empowering individuals with the use of our mind for cultivating inner harmony and promoting our own health and well-being. At the same time, and as needed, supporting each patient's holistic needs with nutrition and lifestyle adjustment, and natural remedies, while promoting the body's natural abilities to heal itself. My skills and training include: Herbal Medicine (phyto-therapy), Nutrition and Lifestyle counseling, German New Medicine, Salvestrol Therapy, Bach Flower Essences Therapy, Reiki, Healing Touch, Energy Healing, Mind Treatments and Visualization, and more.

Professional Experience

Doctor of Natural Medicine, Clinical Herbal Therapist

Nov. 2001 to present – *Wellness Training Post* (www.wellnesstradingpost.com)
My holistic natural health practice offering consultations or treatments on Herbal Medicine (phytotherapy), Nutrition and lifestyle counseling, German New Medicine, Bach Flower Essences, Reflexology,

energy healing including Reiki, and Healing Touch. In addition, I also offer workshop and lectures in natural health, meditation, and herbal walks.

Independent Contractor – Herbal Medicine Instructor

Sept. 2009 to present – **Dominion Herbal College (DHC)**, Burnaby, BC – Canada

I am one of the distance learning instructors at DHC. Some of the courses that I oversee include Botany and Herbarium project, Pharmacy, Materia Medica, therapeutics.

Independent Contractor – Herbal Pharmacy Instructor

2006 – 2008 – **Douglas College**, Surrey and Coquitlam, BC – Canada

I contributed to the Douglas College Continuing Education programs offering workshops in Herbal Medicine Remedy/product Making.

Canadian Herbal Association of BC

June 2006 to 2018 - Canadian Herbal Association of BC (CHAofBC), BC - Canada

June 2013 to 2018 – contribution to the Association through subcommittees.

June 2004 to June 2011 – as a director of the CHAofBC Board of Directors.

Independent Contractor – Horticulture & Gardening

Jun. 2 to Jul. 18, 2003 – Barnston Island Herbs farm.

My services included looking after the herb plants on the field and some of the green houses.

Software Developer

June 1996 to Aug. 2001 - Creo, Burnaby, BC - Canada

I contributed to the design, development and maintenance of the Prinergy product. Prinergy is a distributed client-server application using an Oracle database targeted for the press industry.

Software Developer

Feb. 1995 - June 1996 – Hewlett-Packard, Communication and Measurement Div. Burnaby, BC – Canada (the HP Communication and Measurement Division became Agilent Technologies)

I contributed to the design and development of a MPEG-2 Video test system running on a Windows-NT Intel platform. I contributed to the maintenance, enhancement, and integration of the Broadband Test systems.

Software Engineering Consultant

Apr. 1994 - Feb. 1995 – Minerva Technology, Inc. Vancouver, BC – Canada I designed and developed a programmable, multithreaded interface between a Microsoft NT machine and a GEAC machine using the X.25 networking protocol and X.29 as the financial message format.

Software Engineer

Aug. 1990 - Jan. 1994 – Société Internationale de Télécommunications Aéronautique (SITA). Neuilly-sur-Seine, France.

Contributed to the specification and development of a network supervision system (XNMS) for SITA's worldwide X.25 network. XNMS consisted of a server responsible for keeping track in real time of the status of the network components and client workstations collecting and displaying the status of the relevant components.

Member of Technical Staff

Oct. 1986 - Sep. 1988 – Microelectronics and Computer Technology Corporation (MCC). Austin, TX USA Contributed to the development of an experimental vehicle for a parallel database machine. This was carried out on a Flex-32 parallel computer, using/enhancing UNIX System V operating system.

Development Engineer

Sep. 1984 - Aug. 1986 - Schlumberger Well Services. Austin, TX USA

Contributed to the software development of Schlumberger instrumentation trucks (used for oil-well depth & tension measurement, and graphics recording and plotting). I enhanced/maintained the firmware of the controller that loads the measurement tool into the well. I designed/implemented distributed diagnostic for a dual-processor shared-memory system. I designed an interface between a Micro-Vax/II and a thermographic recorder & printer.

Associate Member of Technical Staff

Sep. 1980 - Aug. 1984 – RCA Corporation, David Sarnoff Research Center. Princeton, NJ USA Contributed to the development of a microprocessor controller for various in-house research projects. I was responsible for the design and development of the microprocessor controller's software.

Education Holistic/Natural Medicine Education and Training

April 2007 – Board certified Doctor of Natural Medicine by the Board of Natural Medicine Doctors and Practitioners – North-America (BNMDP-NA),.

Sept. 2001 – Sept. 2004 – Dominion Herbal College, Burnaby, BC – Canada.

3rd year, full-time, *Clinical Herbal Therapy* program.

<u>Courses</u>: Biochemistry, Anatomy, Physiology, Histology, Embryology, Microbiology, Psychology, Pharmacy, Pharmacology, Pharmacognosy, Botany, Taxonomy, Horticulture & Gardening, Nutrition, Pathology, Clinical Assessment, Differential Diagnosis, Therapeutics, Materia Medica, and various short or introductory courses on Oncology, Clinical Aromatherapy, Fibromyalgia, Male Health, Pediatrics, Women Health, Pregnancy & Birth, Pediatrics, Acupuncture, Physiotherapy, Ayurvedic Medicine, Chiropractics, Homeopathy, Naturopathic Medicine, Traditional Chinese Medicine (TCM); and a Clinical Practicum of 500 hours.

Ongoing Continuing Education and Training in Natural Healing:

I attend yearly seminars, lectures and courses on health and natural therapies. Some of the continuing education taking over the years include: Emergency First Aid and CPR (refreshers every few years); Bach Flower Remedies (level I); Reiki (Level-I and II); Touch for Health (level I); Healing Touch (level I, II, III); CSOM Nutrition Foundation For Cancer; Samatha Meditation Instructor Course; Mindfulness Meditation; Chinese Massage for Pain Relief; Break the Habit of Being Yourself; German New Medicine; Tools of The Trail – One Brain; Ancient Mystical Healing (energy healing); workshops on iridology, aromatherapy, homeopathy, soap-making, and more.

Science & Engineering continuing education

1986 - 2001, Various Cities

Seminars and training in VMS Internals, UNIX Internals, SYBASE, ATM protocol, Object Oriented Technology, C++, Microsoft MFC, relational database.

Masters of Science and Engineering (Computer and Information Science).

1981 - 1983, University of Pennsylvania - Philadelphia, PA USA

Moore School of Electrical Engineering

Bachelor of Science and Engineering

1977 - 1980, University of Pennsylvania - Philadelphia, PA USA Moore School of Electrical Engineering (Dean's Honor list).

Freshman college year in Electrical Engineering

1976 - 1977, University of the Pacific - Stockton, CA USA

School of Electrical Engineering.

Skills General Applications: WordPress, Microsoft Office (Word, Excel, PowerPoint), Adobe Photoshop.

Basic knowledge of Adobe Dreamweaver Flash, and Quick Books.

Programming Languages: C, C+++, SQL, Pascal, Fortran, Forth, Lisp, Basic, PL/M, assemblers.

Development tools: Visual C++, MFC, Active-X, CORBA, Macromedia Flash,

Database Systems: Microsoft SQL server, SYBASE, ORACLE.

Operating System: UNIX (BSD, System V), VMS, Windows NT, and Windows 2000.

Awards Scholarshins

Member of the Board of Natural Medicine Doctors and Practitioners-North America (BNMDP-

Scholarships

NA) since April 2007.

Affiliations

Member of Canadian Herbal Association of British Colombia (CHAofBC) since 2004.

Member of the Health Action Network Society (HANS) since 2002-2021.

Member Eta Kappa Nu, Engineering Honor Society since 1980.

Special Recognition Award, Dec. 1981, RCA David Sarnoff Research Center, Princeton, NJ. Graduate Study Program, 1981–1983, RCA financial support for part-time graduate studies.

Cited on The Dean's Honor List, 1979–1980, Moore School of Electrical Engineering, University of

Pennsylvania, Philadelphia, PA. USA

Venezuelan Government Scholarship, 1975–1980 – undergraduate studies in electrical engineering in the

USA.

Languages

Spanish, English, French.

References

Available upon request.