## Julieta B. Criollo DNM, CHT

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# Wellness Trading Post Healing Self Holistic Clinic

Holistic Natural Healthcare www.wellnesstradingpost.com www.healingself.ca 604–760–6425 julieta@wellnesstradingpost.com

#### **Interest**

I am a certified Doctor of Natural Medicine and Clinical Herbal Therapist, and I have been practicing holistic natural medicine since 2001. In my practice, I believe in empowering individuals with the use of our mind for cultivating inner harmony and promoting our own health and well-being. At the same time, and as needed, supporting each patient's holistic needs with nutrition and lifestyle adjustment, and natural remedies, while promoting the body's natural abilities to heal itself. My skills and training include: Herbal Medicine, Nutrition and Lifestyle counseling, German New Medicine, Salvestrol Therapy, Bach Flower Essences Therapy, Reiki, Energy Healing, Mind Treatments and visualization, Reflexology, One Brain System.

## Professional Experience

## **Doctor of Natural Medicine, Clinical Herbal Therapist**

Nov. 2001 to present – Wellness Training Post (www.wellnesstradingpost.com)

My holistic natural health practice offering consultations or treatments on Herbal Medicine, Nutrition and lifestyle counseling, German New Medicine, Bach Flower Essences, Reflexology, Reiki, and Energy healing. In addition, I also offer services on health, nutritional, and herbal consultant, workshop and lectures, herbal walks.

### **Independent Contractor - Herbal Medicine Instructor**

Sept. 2009 to present – **Dominion Herbal College (DHC)**, Burnaby, BC – Canada

In the last two years, I have been one of the instructors at the DHC overseen and correcting lessons, and instructor for summer seminars. Subject includes Botany and Herbarium project, Pharmacy, and in the last year, Materia Medica. In earlier years my contribution was as a final exam examiner

### **Independent Contractor - Herbal Pharmacy Instructor**

2006 – 2008 – **Douglas College**, Surrey and Coquitlam, BC – Canada

I contributed to the Douglas College Continuing Education programs offering workshops in Herbal Medicine Remedy/product Making.

#### **Canadian Herbal Association of BC**

June 2006 to present – Canadian Herbal Association of BC (CHAofBC), BC – Canada

- Director of the CHAofBC Board of Directors from June 2004 to June 2013 as Secretary-and-Treasurer (2-3 years), and the website administrator, and as part of subcommittees (i.e., membership, constitution, book-keeping). My contribution over the years as a Director of the Association included: membership examiner, membership processing, book-keeping, website administration (which included design, implementation, updates, and maintenance), and various internal projects/tasks.
- June 2013 to present -- I currently contribute to the Association through subcommittees (i.e., membership, book-keeping, and constitution), and providing some assistance on the website administration (if and as needed).

#### **Independent Contractor - Horticulture & Gardening**

Jun. 2 to Jul. 18, 2003 – Barnston Island Herbs farm.

My services included looking after the herb plants on the field and some of the green houses.

#### **Software Developer**

June 1996 to Aug. 2001 - Creo, Burnaby, BC - Canada

I contributed to the design, development and maintenance of the Prinergy product. Prinergy is a distributed client-server application using an Oracle database targeted for the press industry.

#### **Software Developer**

Feb. 1995 - June 1996 – Hewlett-Packard, Communication and Measurement Div. Burnaby, BC – Canada (the HP Communication and Measurement Division became Agilent Technologies)

I contributed to the design and development of a MPEG-2 Video test system running on a Windows-NT Intel platform. I contributed to the maintenance, enhancement, and integration of the Broadband Test systems.

#### **Software Engineering Consultant**

Apr. 1994 - Feb. 1995 – Minerva Technology, Inc. Vancouver, BC – Canada

I designed and developed a programmable, multithreaded interface between a Microsoft NT machine and a GEAC machine using the X.25 networking protocol and X.29 as the financial message format.

## **Software Engineer**

Aug. 1990 - Jan. 1994 – Société Internationale de Télécommunications Aéronautique (SITA). Neuilly-sur-Seine, France.

Contributed to the specification and development of a network supervision system (XNMS) for SITA's worldwide X.25 network. XNMS consisted of a server responsible for keeping track in real time of the status of the network components and client workstations collecting and displaying the status of the relevant components.

#### Member of Technical Staff

Oct. 1986 - Sep. 1988 – Microelectronics and Computer Technology Corporation (MCC). Austin, TX USA Contributed to the development of an experimental vehicle for a parallel database machine. This was carried out on a Flex-32 parallel computer, using/enhancing UNIX System V operating system.

#### **Development Engineer**

Sep. 1984 - Aug. 1986 - Schlumberger Well Services. Austin, TX USA

Contributed to the software development of Schlumberger instrumentation trucks (used for oil-well depth & tension measurement, and graphics recording and plotting). I enhanced/maintained the firmware of the controller that loads the measurement tool into the well. I designed/implemented distributed diagnostic for a dual-processor shared-memory system. I designed an interface between a Micro-Vax/II and a thermographic recorder & printer.

#### **Associate Member of Technical Staff**

Sep. 1980 - Aug. 1984 – RCA Corporation, David Sarnoff Research Center. Princeton, NJ USA Contributed to the development of a microprocessor controller for various in-house research projects. I was responsible for the design and development of the microprocessor controller's software.

#### Education Holistic/Natural Medicine Education and Training

April 2007 – Certification as a Doctor of Natural Medicine by the Board of Natural Medicine Doctors and Practitioners – North-America (BNMDP-NA),.

Sept. 2001 – Sept. 2004 – Dominion Herbal College, Burnaby, BC – Canada.

3<sup>rd</sup> year, full-time, *Clinical Herbal Therapy* program.

<u>Courses</u>: Biochemistry, Anatomy, Physiology, Histology, Embryology, Microbiology, Psychology, Pharmacy, Pharmacology, Pharmacognosy, Botany, Taxonomy, Horticulture & Gardening, Nutrition, Pathology, Clinical Assessment, Differential Diagnosis, Therapeutics, Materia Medica, and various short or introductory courses on Oncology, Clinical Aromatherapy, Fibromyalgia, Male Health, Pediatrics, Women Health, Pregnancy & Birth, Pediatrics, Acupuncture, Physiotherapy, Ayurvedic Medicine, Chiropractics, Homeopathy, Naturopathic Medicine, Traditional Chinese Medicine (TCM); and a Clinical Practicum of 500 hours.

### **Ongoing Training in Natural Healing:**

Ongoing – I attend yearly seminars and lectures on health, natural medicine, and spirituality as a healing tool (specially, on German New Medicine, cancer, mind treatments or energy healing, meditation). I belong to two study groups: one on German New Medicine, and a second on Bach Flower Essence Therapy, which meet once a month on average. In addition, I dedicate part of my time for self-study on herbal medicine, nutrition, German New medicine, Flower Essences Therapy, and Homeopathy Medicine. Some of the continuing education training are listed hereafter:

Oct. 2013 –HANS 6th Annual Cancer Prevention & Healing Event – Burnaby, BC.

Sept. 2013 – Seven Factors for Awakening with Venerable Thanissaro Bhikkhu – Burnaby, BC

Aug. 2013 – Brain Solution Conference – Vancouver, BC.

Jan. 2013 – Break the Habit of Being Yourself – Vancouver, BC, with Dr. Joe Dispenza

Aug. 2012 -- Field Experience with Herbalist Netta Zeberoff, -- Castlegar, BC

April 2012 – Healing Touch level I.

March 2012 - Touch for Health Level I

Jan.-June 2011 – Introduction to Iridology, Constitution & Iridology Part I, and part II.

Oct. 2010 – Understanding pH: Evaluation & Treatment.

Apr. 2009 – Samatha Meditation Instructor Course - Vancouver BC, Canada.

Jan. 2008 – German New Medicine Seminar IV – Vancouver BC, Canada.

Feb. 2007 – German New Medicine Seminar III – Vancouver BC, Canada.

Dec. 2006 – Introduction to Salvestrols Module I – Nature Defense, Vancouver BC, Canada.

Nov. 2006 - German New Medicine Seminar II - Vancouver BC, Canada.

Sept. 2006 – Tools of The Trail – One Brain Seminar, Vancouver BC, Canada.

June 2006 – German New Medicine Seminar I – Vancouver BC, Canada.

June 2006 - Venipuncture for Allied health Professionals - BCIT, Vancouver BC, Canada.

July 2004 – Brain Respiration Workshop – North Vancouver BC, Canada.

June 2004 – Emergency First Aid and CPR (Adult, child, and infant) – Surrey, BC, Canada.

July 2002 – Ancient Mystical Healing (energy healing) – Surrey, BC, Canada

Mar. 2002 – Bach Flower Remedies Level-I – Douglas College, Burnaby, BC. Canada.

Mar. 2002 – Scentsational Soap-making Workshop – VanDussen Garden, Burnaby, BC, Canada

Nov. 2001 – Reflexology Level-I – Douglas College, Burnaby, BC, Canada.

Nov. 2001 – Reiki Level-II – Douglas College, Burnaby, BC, Canada.

Oct. 2001 – Reiki Level-I – Douglas College, Burnaby, BC. Canada.

Sep. 2001 – ADD/ADHD workshops – Douglas College, Burnaby, BC. Canada.

Sep. 2001 – Introduction to Aromatherapy – Douglas College, Burnaby, BC. Canada.

#### Science & Engineering continuing education

1986 - 2001, Various Cities

Seminars and training in VMS Internals, UNIX Internals, SYBASE, ATM protocol, Object Oriented Technology, C++, Microsoft MFC, relational database.

#### Masters of Science and Engineering (Computer and Information Science).

1981 - 1983, University of Pennsylvania - Philadelphia, PA USA

Moore School of Electrical Engineering

### **Bachelor of Science and Engineering**

1977 - 1980, University of Pennsylvania - Philadelphia, PA USA Moore School of Electrical Engineering (Dean's Honor list).

Freshman college year in Electrical Engineering 1976 - 1977, University of the Pacific - Stockton, CA USA School of Electrical Engineering. **Skills** General Applications: WordPress, Microsoft Office (Word, Excel, PowerPoint), Adobe Photoshop.

Basic knowledge of Adobe Dreamweaver Flash, and Quick Books.

**Programming Languages:** C, C++, SQL, Pascal, Fortran, Forth, Lisp, Basic, PL/M, assemblers.

**Development tools:** Visual C++, MFC, Active-X, CORBA, Macromedia Flash,

Database Systems: Microsoft SQL server, SYBASE, ORACLE.

Operating System: UNIX (BSD, System V), VMS, Windows NT, and Windows 2000.

Awards Scholarships

**Affiliations** 

Member of the Board of Natural Medicine Doctors and Practitioners-North America (BNMDP-

NA) and Natural Medicine Certification Council (NMCC) since April 2007.

Member of Canadian Herbal Association of British Colombia (CHAofBC) since 2004.

Member of the Health Action Network Society (HANS) since 2002. Member Eta Kappa Nu, Engineering Honor Society since 1980.

Special Recognition Award, Dec. 1981, RCA David Sarnoff Research Center, Princeton, NJ. Graduate Study Program, 1981 - 1983, RCA financial support for part-time graduate studies.

Cited on The Dean's Honor List, 1979 - 1980, Moore School of Electrical Engineering, University of

Pennsylvania, Philadelphia, PA. USA

Venezuelan Government Scholarship, 1975 – 1980 – undergraduate studies in electrical engineering in the

USA.

**Languages** Spanish, English, French.

**References** Available upon request.